

***Milk choices are fat free chocolate or 1% white
 ***Assorted jelly is served with all breakfast bread and toast

***Fresh fruit servings will be determined by market availability
 ***Plain cheese sandwich is offered as a substitute for entrée

MENU: Monday, September 20, 2021 thru Friday, October 8, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
20 Breakfast: Cereal of choice, toast w/jelly, fruit cup, fruit juice, milk choice. Lunch: Grilled Ham & Cheese sandwich, French fries, Ketchup, carrot sticks, fruit cup, pudding, milk choice.	21 Breakfast: Blueberry muffin, applesauce, fruit juice, milk choice. Lunch: Crispy Chicken tenders, bread, ranch dressing, mashed potato w/gravy, green beans, fruit cup, milk choice.	22 Breakfast: Toasted bagel w/jelly and cream cheese, banana, fruit juice, milk choice. Lunch: Pepperoni pizza, celery sticks, ranch dressing, fresh fruit, milk choice.	23 Breakfast: Cereal, toast & jelly, Banana, fruit juice, milk choice Lunch: Baked Mac & cheese with bacon bits, peas, corn, bread, fresh fruit, milk choice.	24 Breakfast: Sausage Patty, Hash browns, toast, banana, fruit juice, milk choice. Lunch: Nachos W/ Cheese, black beans, corn, fresh fruit, cookie, milk choice
27 Breakfast: Sausage, and cheese mcmuffin, Fruit cup, Fruit juice, milk choice. Lunch: Chicken nuggets w/BBQ sauce, bread, Waffle fries, ketchup, baked bean, fruit cup, milk choice.	28 Breakfast: Cereal of choice, toast w/jelly, banana, fruit juice, milk choice. Lunch: Beef tacos w/cheese & lettuce, black beans, corn, chilled pineapple, milk choice.	29 Breakfast: Waffles w/syrup, banana, fruit juice, milk choice. Lunch: Pepperoni pizza, carrot sticks w/ranch dressing, fresh fruit, milk choice.	30 Breakfast: Cereal, toast & jelly, banana, fruit juice, milk choice. Lunch: Spaghetti w/meatballs, garlic bread, salad w/ranch dressing, fresh fruit, milk choice.	Oct 1 Breakfast Sausage and cheese biscuit, banana, fruit juice, milk choice. Lunch: Cheeseburger, tomato, pickle, ketchup, waffle fries, baked beans, fresh fruit, milk choice.
04 Breakfast: Cereal, toast & jelly, fruit cup, fruit juice, milk choice. Lunch: Crispy Chicken tenders, Bread, ranch dressing, mashed potato w/gravy, green beans, fruit cup, milk choice.	05 Breakfast: Biscuit w/sausage gravy, hash brown potatoes, fruit cup, fruit juice, milk choice. Lunch: Breaded cheese sticks, marinara dipping sauce, French fries, ketchup, celery sticks, fruit cup, milk choice.	06 Breakfast: : Toasted bagel w/jelly and cream cheese, banana, fruit juice, milk choice. Lunch: Pepperoni Pizza, salad w/ranch dressing, fresh fruit, milk choice.	07 Breakfast: Sausage and cheese mcmuffin, Fruit cup, Fruit juice, milk choice. Lunch: Baked Mac & cheese/bacon bits, peas, corn, fresh fruit, chocolate pudding, milk choice.	08 Breakfast: Waffles w/syrup, banana, fruit juice, milk choice Lunch Corn dog, ketchup, waffle fries, baked beans, fresh fruit, milk choice.

***Menu is subject to change without notice due to availability of food.** In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.