

***Milk choices are fat free chocolate or 1% white
 ***Assorted jelly is served with all breakfast bread and toast

***Fresh fruit servings will be determined by market availability
 ***Plain cheese sandwich is offered as a substitute for entrée

MENU: Monday, November 28th 2022 thru Friday, December 16th 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Nov 28</p> <p>Breakfast: Cereal of choice, toast w/jelly, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Grilled Cheese sandwich, French fries, Ketchup, carrot sticks, ranch dressing, fruit cup, cookie, milk choice.</p> <p align="center">Board meeting 9:30am</p>	<p align="center">Nov 29</p> <p>Breakfast: Blueberry muffin, applesauce, fruit juice, milk choice.</p> <p>Lunch: Chicken nuggets, bread, BBQ sauce, mashed potato w/gravy, green beans, fruit cup, milk choice.</p>	<p align="center">Nov 30</p> <p>Breakfast: Wholegrain bagel w/jelly and cream cheese, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Cheese pizza, carrot sticks, ranch dressing, fruit cup, milk choice.</p>	<p align="center">Dec 1</p> <p>Breakfast: Cereal, toast w/ jelly, fruit cup, fruit juice, milk choice</p> <p>Lunch: Spaghetti w/meatballs, pasta sauce, garlic bread, romaine salad w/ranch dressing, fruit cup, milk choice.</p>	<p align="center">Dec 02</p> <p>Breakfast: Waffles w/syrup, fruit cup, fruit juice, milk choice</p> <p>Lunch: Cheeseburger, pickle, ketchup, French fries, baked beans, fruit cup, milk choice.</p>
<p align="center">Dec 05</p> <p>Breakfast: Cereal, toast w/ jelly, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Chicken nuggets w/BBQ sauce, bread, Waffle fries, ketchup, baked bean, fruit cup, milk choice.</p>	<p align="center">Dec 06</p> <p>Breakfast: Sausage & cheese mcmuffin, Fruit cup, Fruit juice, milk choice.</p> <p>Lunch: Soft beef tacos w/cheese & lettuce, black beans, corn, fruit cup, milk choice.</p>	<p align="center">Dec 07</p> <p>Breakfast: Waffles w/syrup, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Pepperoni pizza, carrot sticks w/ranch dressing, fruit cup, milk choice.</p>	<p align="center">Dec 08</p> <p>Breakfast: Cereal, toast w/ jelly, banana, fruit juice, milk choice.</p> <p>Lunch: Turkey & noodles, bread, mashed potatoes w/gravy, romaine salad w/ranch, fruit cup, milk choice.</p> <p align="center">Skate Night 5:30-7:30 pm</p>	<p align="center">Dec 09</p> <p>Breakfast: Biscuit w/sausage gravy, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Nachos W/ Cheese, black beans, corn, fruit cup, cookie, milk choice</p>
<p align="center">Dec 12</p> <p>Breakfast: Cereal, toast w/ jelly, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Breaded cheese sticks, marinara dipping sauce, French fries, ketchup, celery sticks, fruit cup, milk choice</p> <p align="center">Board Meeting 9:30am</p>	<p align="center">Dec 13</p> <p>Breakfast: Biscuit w/sausage gravy, hash brown potatoes, fruit cup, fruit juice, milk choice.</p> <p>Lunch: Chicken nuggets w/BBQ sauce, bread, Mashed potatoes w/gravy, green beans, fruit cup, milk choice.</p>	<p align="center">Dec 14</p> <p>Breakfast: Waffles w/syrup, banana, fruit juice, milk choice</p> <p>Lunch: Pepperoni Pizza, romaine salad w/ranch dressing, fruit cup, milk choice.</p>	<p align="center">Dec 15</p> <p>Breakfast: Sausage & cheese mcmuffin, applesauce, fruit juice, milk choice.</p> <p>Lunch: Baked Mac & cheese, peas, corn, bread, fruit cup, milk choice.</p>	<p align="center">Dec 16</p> <p>Breakfast: Cereal, toast w/ jelly, banana, fruit juice, milk choice.</p> <p>Lunch: Hot dog, ketchup, tater tots, baked beans, fruit cup, milk choice.</p>

***Menu is subject to change without notice due to availability of food.** In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.